

Science & Arts Drug Free Schools and Campuses Notification

Annually, institutions of higher learning are responsible for notifying students and employees of the university's drug and alcohol policies. A summary of the Science & Arts policy is included in this email. Also, you may access this policy within the Student Handbook, located at <https://usao.smartcatalogiq.com/2022-2023/Student-Handbook> as well as the Personnel Policies located at <https://usao.edu/about/images-docs/documents/personnel-resources/personnel-policies.pdf>.

*Resources with contact information may be found at the end of this email.

ALCOHOL/DRUG-FREE CAMPUS POLICY

PURPOSE AND SCOPE:

The abuse of alcohol and other drugs interferes with the processes of learning, teaching, and public service, which are the functions of Science & Arts. In order to accomplish its mission, and further to comply with the Drug Free Schools and Communities Act Amendment of 1989, Science & Arts has promulgated policies and directed its distribution to each of its students and employees.

POLICY:

Pursuant to local, state and federal laws, and its own rules and regulation, Science & Arts prohibits the unlawful possession, use and manufacture, or distribution of alcohol and controlled substances by students and employees on university owned or controlled premises, as a part of any university sponsored activities, or in the workplace.

INTERNAL SANCTIONS:

Any student or employee who violates this policy shall be subject to disciplinary action, including, without limitation, probation, or termination of employment; may be required to participate satisfactorily in an appropriate rehabilitation program at the individual's expense; or may be referred for prosecution.

EXTERNAL SANCTIONS:

Violation of applicable local, state, and federal laws governing the possession, use, manufacture, or distribution of alcohol and controlled substances may subject individuals to fines, imprisonment, and/or community service requirements. Convictions become part of an individual's criminal record and may prohibit certain career and professional opportunities.

HEALTH RISKS:

Abuse of drugs and alcohol can result in behavioral changes; impairment of judgment and coordination; elevated or lowered blood pressure; depression; anxiety; hallucinations; convulsions; temporary and permanent loss of memory; damage to the heart, lungs, liver and brain; sterility; lowered immune system and increased infection; cancer; emphysema; chronic bronchitis, and death.

ALCOHOL/OTHER DRUG ASSISTANCE PROGRAMS:

Since drug and alcohol abuse constitute a major problem in today's society, Science & Arts will make intentional efforts to educate and assist students and employees concerning both areas. Federal laws ensure all persons seeking help for alcohol and/or other drug problems will be treated with respect and in a confidential manner.

SCIENCE & ARTS RELATED POLICIES:

The following is a summary of the programs available:

Any Science & Arts student or employee who has a drug or alcohol related problem may call upon the University for assistance. Any student needing help may contact Student Services at counseling@usao.edu or 405-574-1326. Any employee needing help may contact Human Resources at hr@usao.edu or 405-574-1225. Designated staff can provide a confidential referral to a drug or alcohol treatment program.

Nationally, the following resources are available:

- The Substance Abuse and Mental Health Services Administration (SAMHSA):
 - Provides alcohol and substance abuse treatment resources through national campaigns and initiatives. Also includes a national telephone hotline and text message services. <https://www.samhsa.gov/>
 - Free, confidential tool that helps individuals take steps toward a healthy relationship with drugs and alcohol. It was developed with the input of leading clinicians, experts from the White House and SAMHSA, and people in recovery themselves. <https://startyourrecovery.org/>
 - Substance Abuse Treatment Facility Locator (SAMHSA): Searchable directory of drug and alcohol treatment programs shows the location of facilities around the country that treat alcoholism, alcohol abuse and drug abuse problems. <https://findtreatment.samhsa.gov/>
- Alcoholics Anonymous
 - Mutual aid fellowship program specializing in supporting people struggling with alcohol addiction through peer support and sponsorship. <https://www.aa.org/>
- Narcotics Anonymous
 - Mutual aid fellowship program specializing in supporting people struggling with narcotic addiction through peer support and sponsorship. <https://www.na.org/>
- Cocaine Anonymous
 - Mutual aid fellowship program specializing in supporting people struggling with cocaine addiction through peer support and sponsorship. <https://ca.org>
- Addiction and Alcohol Hotline
 - Provides free help for alcohol addiction. The primary goal is to offer assistance and support for what the caller is seeking. <https://www.therecoveryvillage.com/alcohol-abuse/>

Behavioral Intervention Team:

The Incident Reporting Form is used for reporting an individual whose behavior interferes with the academic instruction, day to day operations of the college, may be in personal crisis, or is perceived as a safety concern to themselves, others, or property. All efforts will be made by the BIT, except for legal obligations, to keep information confidential. This is not a replacement for 911 in an emergency.

<https://usao.edu/student-life/living-on-campus/campus-safety/incident-reporting.html>

Resources

The following resources may be of use to someone needing help or service:

ON-CAMPUS RESOURCES

Science & Arts Counseling Services 405-574-1326 (M-F, 8am-5pm)

NON-CAMPUS PROGRAMS (EXTERNAL OPTIONS)

Grady Memorial Hospital - 2220 Iowa Ave 405-224-2300 (Available 24 hours)

Options Counseling 405-222-3018

Byte and Associates 405-222-4786

Southwest Youth and Family Services 405-222-5437

Red Rock Behavioral Health Services 405-222-0622

NON-CAMPUS HOTLINES

Alanon/Alateen 800-344-2666

Alcohol & Drug Helpline 800-662-HELP (800-662-4357)

Alcohol Helpline 800-ALCOHOL (800-252-6465)

Cocaine Helpline 800-COCAINE (800-262-2463)

Clearinghouse for Alcohol & Drug info 800-729-6686

National Council on Alcoholism 800-622-2255

Oklahoma Reach Out Hotline 800-522-9054

National Institution on Drug Abuse Information and Referral 1-800-662-HELP
Monday-Friday, 8:30 a.m.-4:30 p.m.

Safe & Drug-Free Schools 1-800-624-0100
Monday-Friday, 8 a.m.-5p.m.

American Council for Drug Education 1-800-488-DRUG